


# Young People's Health Resource Newsletter November 2021

To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development.

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## YPHSIG: Young Persons Health Special Interest Group

Is a group of health professionals within RCPCH but with co-opted members from RCN, RCGP RCP and AYPH creating a focus for professionals within the college working in the field of young people's health? Non-RCPCH members are very welcome to join too. If you are interested in joining YPHSIG and/or would like to find out more about it, please go to [www.yphsig.org.uk](http://www.yphsig.org.uk) and/or follow us on  @yphsig

## AYPH: Association for Young People's Health

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people's health in the UK? If you are interested in joining AYPH and/or would like to find out more about it, please go to [www.youngpeopleshealth.org.uk](http://www.youngpeopleshealth.org.uk).


### Disclaimer

*Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content*

## Professional Webwatch

 <https://www.girlguiding.org.uk/globalassets/docs-and-resources/research-and-campaigns/girls-attitudes-survey-2021-report.pdf>

**Girls Attitude Survey 2021** from Girlguiding

 [https://www.childrenscommissioner.gov.uk/wp-content/uploads/2021/09/the\\_big\\_ask\\_the\\_big\\_answer\\_09\\_2021.pdf](https://www.childrenscommissioner.gov.uk/wp-content/uploads/2021/09/the_big_ask_the_big_answer_09_2021.pdf)

**The Big Ask; The Big answer** (Sept 2021) from The Children's Commissioner, based in responses of 557 000 children and young people

 [https://www.childcomwales.org.uk/wp-content/uploads/2021/09/CovidUS2021\\_ENG\\_FINAL.pdf](https://www.childcomwales.org.uk/wp-content/uploads/2021/09/CovidUS2021_ENG_FINAL.pdf)

**Coronavirus and Us** 2<sup>nd</sup> edition Sept 2020-Sept 2021 from the Children's Commissioner for Wales

 <https://www.unicef.org/reports/state-worlds-children-2021>

**The State of the World's Children 2021 On my Mind: promoting, protecting and caring for children's mental health**  
from UNICEF

 [www.ayph.org.uk](http://www.ayph.org.uk)

**Key Data on Young People 2021 – will be launched 29 November 2021**

KDYP is the only comprehensive data review focusing specifically on the health of 10-24 year olds in the UK. For the first time the 2021 edition is being published as a website as well as a summary report.

## Tools for service Evaluation

 <https://www.rcpch.ac.uk/sites/default/files/2021-09/Clinic%20Chat%20Check%20List%20Project%20FINAL.pdf>

**Epilepsy12 clinic Chat Check List Project**

Developed by the RCPCH Epilepsy12 Youth advocates. A useful template to assess our clinics irrespective of condition!

## Youth Work

 [www.youthlinkscotland.org](http://www.youthlinkscotland.org)

National agency for youth work in Scotland


 <https://nya.org.uk/national-youth-sector-census-first-report/>


**Initial Summary of Findings from the National Youth Sector Census (November 2021)**

Findings from the national census of youth provision in England, reveal the large disparity in the amount and type of provision available to young people depending on where they live. The data suggests that there is twice as much youth provision in the most affluent areas as opposed to the most deprived areas, alongside 50% more buildings purpose built for, or dedicated towards, young people in affluent areas.


## Professional Bookshelf

 Anderson K, Priebe S. Concepts of resilience in adolescent mental health research. *J Adol Health* 2021; Nov 2021 Nov;69(5):689-695.


 Armitage AJ, Cohen J, Heys M, Hardelid P, Ward A, Eisen S. Description and evaluation of a pathway for unaccompanied asylum-seeking children *Arch Dis Child*. 2021 Oct 16;archdischild-2021-322319.


 Blackburn F, Butler M, Cheung CR. 'The paediatrician will hear you now': making virtual outpatient consultations work for children and young people *Arch Dis Child*. 2021 Nov;106(11):1041-1043.


 Charles S, Mackie AS, Rogers LG, McCrindle BW, Kovacs AH, Yaskina M, Williams E, Dragieva D, Mustafa S, Schuh M, Anthony SJ, Rempel GR. A Typology of Transition Readiness for Adolescents with Congenital Heart Disease in Preparation for Transfer from Pediatric to Adult Care *J Pediatr Nurs*. 2021 Sep-Oct;60:267-274.

 Duncan A, Luong D, Perrier L, Bayley MT, Andrew G, Arbour-Nicitopoulos K, Chan B, Curran CJ, Dimitropoulos G, Hartman L, Huang L, Kastner M, Kingsnorth S, McCormick A, Nelson M, Nicholas D, Penner M, Thompson L, Toulany A, Woo A, Zee J, Munce SEP. Prioritizing a Research Agenda of Transitional Care Interventions for Childhood-Onset Disabilities *Front Pediatr*. 2021 Sep 13;9:682078. doi: 10.3389/fped.2021.682078. eCollection 2021.


 Fowler LR, Schoen L, Morain SR. Let's Tok about sex *J Adolesc Health*. 2021 Sep 10:S1054-139X(21)00390-6. doi: 10.1016/j.jadohealth.2021.07.033. Online

 Khaleva E, Knibb R, DunnGalvin A, Vazquez-Ortiz M, Comberiati P, Alviani C, Garriga-Baraut T, Gowland MH, Gore C, Angier E, Blumchen K, Duca B, Hox V, Jensen B, Mortz CG, Pite H, Pfaar O, Santos AF, Sanchez-Garcia S, Timmermans F, Roberts G. Perceptions of adolescents and young adults with allergy and/or asthma and their parents on EAACI guideline recommendations about transitional care: A European survey. *Allergy*. 2021 Sep 26. doi: 10.1111/all.15109. Online ahead of print.


 Lee V, Albaum C, Tablon Modica P, Ahmad F, Gorter JW et al The impact of COVID-19 on the mental health and wellbeing of caregivers of autistic children and youth: A scoping review *Autism Res*. 2021 Sep 30. doi: [10.1002/aur.2616](https://doi.org/10.1002/aur.2616).

 Lindsay K, Hanes G, Mutch R, McKinnon E, Cherian S. Looking beyond: complex holistic care needs of Syrian and Iraqi refugee children and adolescents. *Arch Dis Child*. 2021 Oct 26:archdischild-2021-322718.

 Nguyen L, Davis H, Bellefeuille S, Havens J, Jack SM, et al Canadian Resources for Siblings of Youth With Chronic Health Conditions to Inform and Support With Healthcare Management: A Qualitative Document Analysis *Front. Rehabil. Sci*. 2021 Oct 2:724589. doi: [10.3389/fresc.2021.724589](https://doi.org/10.3389/fresc.2021.724589)

 Rau LM, Grothus S, Sommer A, Grochowska K, Claus BB, Zernikow B, Wager J. Chronic Pain in Schoolchildren and its Association With Psychological Wellbeing Before and During the COVID-19 Pandemic *J Adolesc Health*. 2021 Sep 11;69(5):721-8.

 Shek DTL. COVID-19 Pandemic and developmental outcomes in adolescents and young adults: in search of the missing links. *J Adol Health* 2021; Nov;69(5):683-684.

 Wiggins A, Raniti M, Gaafar D, Court A, Sawyer SM. Pediatric Somatic Symptom and Related Disorders (SSRDs): Parent Acceptance Influences Recovery *J Pediatr*. 2021 Oct 5:S0022-3476(21)00957-4.

## Training in Young People's Health

 [www.e-lfh.org.uk](http://www.e-lfh.org.uk)

The **Adolescent Health programme** has been updated! Please continue to spread the word of this amazing resource for individual use as well small group teaching

## DVD shelf

<https://youtu.be/ru8ZLKzvawU>

### Hear from our Youth Health Champions.

This short film made & produced by youth health champions in Waltham Forest shows the benefits of being involved as health champions, what they've learned and what their priorities are.

## Research

 [https://www.youtube.com/watch?v=Y8OgmEJZ9Eo&feature=youtu.be&ab\\_channel=YourRheum](https://www.youtube.com/watch?v=Y8OgmEJZ9Eo&feature=youtu.be&ab_channel=YourRheum)

A short animation created by young people to encourage young people with rheumatic conditions to join a national advisory youth panel which supports adolescent and young adult rheumatology research as part of the Barbara Ansell National Network for Adolescent Rheumatology.

## Forthcoming Dates for your Diary!

### 2021

<b>Nov</b>		
<b>1-5</b>	<b>National Youth Work Week</b> <i>"Champions of Youth Work"</i>	<a href="http://www.nya.org.uk">www.nya.org.uk</a>
<b>15</b>	<b>RCPCH and RPS Joint College Webinar:</b> <i>The why and how of pill swallowing – patient and safety considerations</i> Free webinar 1230-1330	<a href="http://www.rcpch.ac.uk">www.rcpch.ac.uk</a>
<b>19-21</b>	<b>IAAH</b> <i>12<sup>th</sup> World Congress Adolescent Health Meeting the challenge of global change</i> <b>Lima, Peru</b> <b>(re-organised from 2020)</b>	<a href="http://www.iaah2020congress.org/en">http://www.iaah2020congress.org/en</a> hybrid online/on site model

### 2022

<b>January</b>		
<b>25</b>	<b>Centre for Adolescent Rheumatology</b> <b>UCL/UCLH/GOSH</b> 6 <sup>th</sup> Adolescent Rheumatology symposium	<a href="https://www.eventbrite.com/e/6th-adolescent-rheumatology-symposium-tickets-171073343977">https://www.eventbrite.com/e/6th-adolescent-rheumatology-symposium-tickets-171073343977</a>
<b>March</b>		
<b>20-26</b>	<b>International Adolescent Health Week</b>	<a href="https://internationaladolescenthealthweek.org/">https://internationaladolescenthealthweek.org/</a>
<b>*NEW*</b> <b>31</b>	<b>Bristol Royal Hospital for Children</b>  <i>Adolescent masterclass</i> A multiprofessional one day conference	Opportunities to present project/research with an adolescent focus available during the day. Submit expressions of interest by 16/12/2021.  All bookings and queries to: FacultyOfChildrensNurseEducation@uhbw.nhs.uk
<b>June</b>		
<b>22</b>	6 <sup>th</sup> National transition conference, UK	For more information please contact <a href="mailto:Jacqui.rogers@alderhey.nhs.uk">Jacqui.rogers@alderhey.nhs.uk</a>

Also check out: <http://www.youngpeopleshealth.org.uk/events/>

*Do you know of any other useful resources or opportunities for professional development in young people's health?*

*If you do, please let us know by email to: [janet.mcdonagh@manchester.ac.uk](mailto:janet.mcdonagh@manchester.ac.uk)*